Solomon Center Breakfast Menu

BREAKFAST MENU							
Monday	Tuesday	Wednesday	Thursday	Friday			
Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart	Cinnamon Toast Crunch Pop-Tart			
Mini Pancakes	Pancake on a Stick	Mini Waffles	Pancake on a Stick	Mini Pancakes			
Chilled Pears Fruit Juice	Apple Juice Chilled Pineapple	Fruit Juice Applesauce Cup	Apple Juice Mandarin Oranges	Fruit Juice Fruit Cocktail			
Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate	Syrup 1% Milk or Fat Free Chocolate			

LUNCH MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Steak Fingers/Garlic Toast	Flautas/Cheese Sauce	Bosco Sticks Cheese	Orange Chicken/Rice	Cheese Pizza
Aug 9	Pizza Sticks	Burrito/Cheese Sauce	Corn Dog	Grilled Cheese Sandwich	Pepperoni Pizza
Aug 21			Sweet Potato Fries	Baby Carrots	Cucumbers & Cherry Tomatoes
Sept 4	Au Gratin Potatoes	Pinto Beans	Green Beans	Steamed Broccoli	Seasoned Wedges
Sept 18	Carrots & Celery	Seasoned Corn	3.55.ii 354.ii3	Steamed Brooks.	Seasoned Wedges
Oct 2	Pineapple Tidbits		Mandarin Oranges	Mixed Fruit	Chilled Pears
Oct 16	Orange Wedges	Applesauce Cup	Fresh Apple	Fresh Apple	Fresh Apple
Oct 30	orange realized	Orange Wedges	Choice of Milk:		GI : 65.511
Nov 13	Choice of Milk:	Choice of Milk:	1% White	Choice of Milk: 1% White	Choice of Milk: 1% White
Nov 27	1% White	1% White	Fat Free Chocolate	Fat Free Chocolate	Fat Free Chocolate
Dec 11	Fat Free Chocolate	Fat Free Chocolate			rat Free Chocolate
			Ketchup, Ranch Dressing	Ranch Dressing	Ketchup, Ranch Dressing
	Ketchup, Marinara Ranch Dressing	Salsa, Jalapenos	Marinara		Receivab) Namen 27 essing
Week 2		Ciasta Niashas	Chicken Sandwich	Chieles Newsets (Coulis Toost	Cheese Pizza
	Hamburger/Cheeseburger Grilled Cheese Sandwich	Fiesta Nachos Nacho Grande	Grilled Cheese Sandwich	Chicken Nuggets/Garlic Toast Pizza Sticks	Pepperoni Pizza
Aug 14	Grinea cheese sanawien	Nacio Giande	Grinea cheese sanawich	F IZZa Sticks	repperom rizza
Aug 28	Baked Beans	Spanish Rice	Green Beans	Seasoned Wedges	Cucumbers & Cherry Tomatoes
Sept 11	Tater Tots	Pinto Beans		Steamed Broccoli	Sweet Potato Fries
Sept 25		Seasoned Corn	Baby Carrots		
Oct 9– off	Pineapple Tidbits	A	Mandavin Overses	Mixed Fruit	Chilled Pears
Oct 23	Orange Wedges	Applesauce Cup Orange Wedges	Mandarin Oranges Fresh Apple	Fresh Apple	Fresh Apple
Nov 6	Choice of Milk:	Orange weages	тезп дрыс	Choice of: Milk:	Choice of Milk:
Nov 20-off	1% White	Choice of Milk:	Choice of Milk:	1% White	1% White
Dec 4	Fat Free Chocolate	1% White	1% White	Fat Free Chocolate	Fat Free Chocolate
Dec 18		Fat Free Chocolate	Fat Free Chocolate	_	
	Ketchup, Mustard, Mayo, Ranch	Calco Jalamanaa		Ketchup	Ketchup
		Salsa, Jalapenos	Ketchup, Mayo, Ranch Dressing	Marinara	Ranch